

Bike Rental

On selected tours, weekenders and sportive weekends Sportive Breaks offer a bike rental service. To ensure that the bike you rent is set up in the best possible way, we will provide our bike rental partner with the below information.

About you:

- **Height:**
- **Inseam** (also referred to as seat height):

Your personal bike:

- **Make and model:**
- **Size as claimed by the maker:**

Bike fit measures:

You must measure how the contact points (saddle, pedals, handlebar) relate to one another (in centimetres). Please refer to our chart with bike image below.

With this information, we hope that your bike will be waiting for you at the beginning of a bike trip with a nearly perfect fit. On the first ride, you should listen to your body and see what adjustments need to be made. If you are on a guided tour with us, our mechanic will be on hand to assist you.

If you have had a professional bike fit done, then this document can also be provided.

- A – measurement in cm
- B – measurement in cm
- C - measurement in cm
- D – measurement in cm

